



**NEGOMBO**

**MENU**

**225, COLOMBO ROAD, NEGOMBO**

**HOTLINE 0756888777**

## **Did you Know?**

### **Big Discounts on your "Laila Ali's Priviledge Card"!**

The Sizzle "Laila Ali's Priviledge Card" rewards your patronage by giving you big discounts every time you visit The Sizzle

### **How do I become a Priviledge Card member?**

Simple! Request for and fill in your customer Information Form. Perfect this and and it over to your Restaurant captain before you leave. On your next visit, you can request for the silver - coloured "Laila Ali's Priviledge Card"

### **What are the benefits of the "Laila Ali's Priviledge Card"?**

Once you are in possession of our prestigious "Laila Ali's Priviledge Card", please tuck it away safely in your wallet or purse. Thereafter, every time you visit the restaurant, you get a 10% discount on weekday lunches and 5% discount on dinners and weekends.

### **How do I get upgraded to the "Tyson's Priviledge Card"?**

Keep visiting "The Sizzle" and when you have logged in rs 100,000/-, you will be then upgraded to our "Tyson's Priviledge Card". This very exclusive card will entitles you to a 15% discount on weekday lunches and a 10% discount on dinners and weekends

### **What is The Sizzle "VIP Priviledge Card" ?**

When you have logged in Rs 500,000/-, you will receive our premium Priviledge Card "The Sizzle VIP". You will get 20% discount on weekday lunches and a 15% discount on dinners and weekends

### **What is "The Sizzle Family Card" ?**

When you have logged in Rs. 2,500,000 you will receive our Priviledge Card "The Sizzle Family". You will get a 20% discount on every visit.

### **What's for the children?**

Kids aged below 12 years will receive a special "John Cena's Priviledge Card". They are entitled to free ice cream or a soft drink on presenting their "John Cena's Priviledge Card" at every visit

**The Sizzle - Where everything sizzles, even your appetite!**

# Beverages

<b>Fruit Mocktails</b>	
<b>1801 KELLY KELLY'S FAVOURITE</b> Passion and fresh pineapple juice with banana and lime juice	445
<b>1802 JILLIAN'S PRIDE</b> Carrot and fresh pineapple juice with banana	445
<b>1804 CANDICE CATCH</b> Fresh pineapple juice, rose syrup with lime juice and ginger ale	445
<b>1805 KRISTAL'S ENERGIZER</b> Fresh pineapple juice and fresh apple juice with orange and lime juice	595
<b>1806 TORRIE'S PASSION</b> Fresh mango juice and passion with rose syrup and lime juice	495
<b>1807 BROOKE'S SECRET</b> Fresh orange juice with vanilla ice cream	595
<b>1808 MICHELLE McCOOL'S TACKLE</b> Fresh orange, chocolate syrup and milk topped with vanilla ice cream	645
<b>1809 SABRINA'S HEADLOCK</b> Fresh pineapple juice and cream of coconut with sugar syrup	345

<b>Sizzling Mocktails</b>	
<b>1810 SIZZLING CHERRY'S EDGE</b> Lemonade and rose syrup with lime juice and ginger ale	345
<b>1812 SIZZLING MICKIE'S TAG</b> Fresh apple juice and rose syrup with lime juice and ginger ale	345
<b>1813 SIZZLING ASHLEY'S KO</b> Orange juice and rose syrup with lime juice and lemonade	445
<b>1814 SIZZLING MELINA'S REVENGE</b> Coca Cola with rose syrup	345
<b>1815 SIZZLING BETH'S SPARKLE</b> Fresh apple juice and rose syrup with lemonade	345
<b>1816 VICTORIA'S MAGIC</b> Fresh black grape juice with lime juice and ginger ale	495
<b>1817 VALERIE'S CHOKESLAM</b> Fresh black grape juice with rose syrup	595

<b>Sizzling Lime Beverages</b>	
<b>1341 SIZZLING FRESH LIME SODA</b>	345
<b>1342 SIZZLING FRESH LIME SPRITE</b>	395
<b>1343 SIZZLING FRESH LIME WATER</b>	295

<b>Ice Cream Milkshakes</b>	
<b>1351 CHOCOLATE ICE CREAM MILKSHAKE</b>	495
<b>1352 STRAWBERRY ICE CREAM MILKSHAKE</b>	495
<b>1353 VANILLA ICE CREAM MILKSHAKE</b>	495

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# Beverages

<b>Fresh Fruit Juices</b>	
1501 FRESH WATERMELON JUICE	395
1502 FRESH PAPAYA JUICE	395
1503 FRESH PINEAPPLE JUICE	345
1504 FRESH MANGO JUICE	445
1505 FRESH MIXED FRUIT JUICE	495
1507 FRESH ORANGE JUICE	595
1508 FRESH BLACK GRAPES JUICE	595
1512 FRESH APPLE JUICE	395

<b>Fresh Fruit Milkshakes</b>	
1562 BANANA CHOCOLATE MILKSHAKE	495
1563 BANANA COFFEE MILKSHAKE	495
1564 BANANA MILKSHAKE	495
1565 BLACK GRAPES MILKSHAKE	695
1566 MANGO MILKSHAKE	645
1567 MIXED FRUIT MILKSHAKE	695
1568 ORANGE MILKSHAKE	595
1569 PAPAYA MILKSHAKE	595
1571 STRAWBERRY MILKSHAKE	695
1572 WATERMELON MILKSHAKE	445

<b>Lassi</b>	
1546 SWEET LASSI	345
1547 SALT LASSI	345
1548 FRESH MANGO LASSI	595
1549 FRESH STRAWBERRY LASSI	595
1550 FRESH BANANA LASSI	445

<b>Sizzling Iced Tea</b>	
1311 ICED TEA	195
1312 APPLE ICED TEA	195
1313 CINNAMON ICED TEA	195
1315 GINGER ICED TEA	195
1316 LEMON ICED TEA	245
1317 MINT ICED TEA	195
1319 PEACH ICED TEA	195
1320 STRAWBERRY ICED TEA	195

<b>Aerated Water</b>	
1411 SODA	145
1415 COCA COLA	195
1416 CREAM SODA	195
1417 GINGER BEER (EGB)	195
1418 FANTA	195
1419 GINGER ALE	195
1420 LEMONADE	195
1422 PORTELLO	195
1424 SPRITE	195

<b>Cold Coffee</b>	
1331 COLD COFFEE	295
1332 COLD COFFEE WITH ICE CREAM	395

<b>Table Water</b>	
1412 MINERAL WATER (1L)	95
1413 MINERAL WATER (500ML)	75

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# Starters

<b>Bread</b>	
1901 GARLIC TOAST	445
1903 CHEESE TOAST	445
1905 SPICY CHEESE TOAST	495
1907 GARLIC CHEESE TOAST	595

<b>Soups</b>	
1101 MUTTON BROTH	495
1102 TOMATO SOUP	395
1103 CHICKEN BROTH	395
1106 BEEF BROTH	445

<b>Sizzling Potato Starter</b>	
1064 POTATO FRIES	445
1067 MASHED POTATOES	445

# Hot Beverages

1601 TEA	145
1602 NESCAFE	195
1603 HOT CHOCOLATE	445
1604 GREEN TEA	145
1606 LEMON TEA	145
1607 MINT TEA	145
1608 PEACH TEA	145
1609 STRAWBERRY TEA	145
1610 GINGER TEA	145
1611 CINNAMON TEA	145
1613 APPLE TEA	145
1615 MASALA CHAI	195

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## **History of Sizzlers and The Sizzle**

Sizzlers are a recent 'inno-vention' that consists of an entire meal being served on a cast iron platter, which is in turn placed on a wooden base and served sizzling to your table.

Sizzlers probably originated a few centuries ago when meat was served on a heated cast iron plate to keep it piping hot, while the diner ate their meal. Today, however, they have become a cuisine of sorts by themselves as many specialty restaurants serve only Sizzlers on their menu. A sizzler is a combination of a main dish served with a choice of sauces and a large variety of accompaniments, making it a complete meal by itself!

"The Sizzle" presents a new line of cuisine to the local palette with great authentic Halal recipes presented in a creative manner, resulting in innovative recipes, delectable combinations, bathed in herbs, eastern flavors – a sense of fusion in taste with a tantalizing aroma. Platters of mouthwatering meats, seafood and veggie delights served sizzling to your table.

The Menu gives a macho theme with World Boxing Champions having their favorites, namely Holyfield's Buster, Mark's Super Kick, Mohammed Ali's Choice, Bruno's Chop.

Newcomers, prepare yourselves for a startling experience with Sizzling Mocktails literally bubbling and smoking.

Furthermore, The Sizzle adapts to the loved Sri Lankan taste and carb based meals by introducing the Mongolian, Chinese and Italian style Sizzlers, an ideal lunch meal

Including a wide array of Sizzling desserts, the hot favorite with all age groups has been the sizzling brownies topped with ice cream!! Yum Yum Yummy... a scrumptious melt. The Blueberry, Caramel and Strawberry variants of Sizzling Philadelphia Cream Cheese cakes have created buzz for the people all around Sri Lanka.

Catering to the young geniuses, a special kids section took Colombo by storm, just the right size for kids with milder flavors, activities like pencil colorings for kids and colourful "John Cena's" kids privilege card as they yearn to visit more often

**The Sizzle - Where everything sizzles, even your appetite!**

<p><b>HOW TO ENJOY YOUR SIZZLER</b></p>	<p>As your platter comes sizzling and smoking, just sit back and take in the aroma until the sizzling settles, allowing time for the sauces to penetrate the food, further enriching its flavour.</p> <p>Trying to taste portions of extremely hot food will only burn your taste buds. By doing this, you will not be able to savour the taste of the sizzling dish</p> <p>Its best that you wait patiently until the sizzling settles, to enjoy the delectable taste of the sizzler</p> <p>Once the sizzling settles, scoop the portions from the top layer and gradually delve into the bottom layers of your meal</p> <p>Bon appétit</p>
<p><b>Description of The Sizzle Meals</b></p>	
<p><b>Hybrid Add-On</b></p>	<p>An extra single serving of the chosen meat base to "add-on" to other meals</p>
<p><b>Starter</b></p>	<p>A hot round metal base served with grilled onions, potato fries, a healthy portion of the chosen meat base topped with our special sauce</p>
<p><b>Gourmet Burger Meal</b></p>	<p>A gourmet burger dressed in sliced tomato, carrot, cabbage and cucumber served with a healthy portion of the chosen meat base topped with our special sauce accompanied by a portion of potato fries</p>
<p><b>Gourmet Sub Meal</b></p>	<p>A gourmet submarine dressed in sliced tomato, cucumber and cabbage served with a healthy portion of the chosen meat base topped with our special sauce accompanied by a portion of potato fries</p>
<p><b>Kids Meal</b></p>	<p>A hot round metal base served under layers of grilled vegetables such as cabbage, spinach, carrot and beans, a choice of potato fries or mashed potato, your chosen meat base and preferred choice of pepper, garlic, mushroom or oyster sauce</p>
<p><b>Chinese Meal</b></p>	<p>Sizzling Chinese noodles is a wok based noodle meal stir fried with scrambled egg, spring onions and masala soya sauce. The dish is topped with a healthy portion of the chosen meat base dressed with additional masala soya sauce.</p>
<p><b>Mongolian Meal</b></p>	<p>Sizzling Mongolian rice is a wok based basmathi rice meal stir fried with an assortment of vegetables, scrambled egg and our tasty garlic sauce. The dish is topped with a healthy portion of the chosen meat base dressed with additional garlic sauce</p>
<p><b>Italian Meal</b></p>	<p>Sizzling Italian spaghetti is a wok based spaghetti meal tossed with swiss cheese, sage and our rich mushroom sauce. The dish is topped with a healthy portion of the chosen meat base dressed in onion leaves</p>
<p><b>Kottu Meal</b></p>	<p>The island's favourite street food now at The Sizzle. Sizzling kottu is made from godhamba roti wok fried in diced vegetables, scrambled egg and our spicy pepper sauce. The dish is topped with a healthy portion of the chosen meat base dressed with additional pepper sauce</p>
<p><b>Main Meal</b></p>	<p>A hot oval metal base served under layers of grilled vegetables, a choice of potato fries or mashed potatoes and a choice of rice, noodles or spaghetti topped with your chosen meat base and preferred choice of pepper, garlic, mushroom or oyster sauce</p>

# MAIN MEALS

Recommended Toppings : Cheese Slice 100 Grated Cheese 150 Pineapple 50 Fried Egg 50

	Hybrid Add-On	Starter	Gourmet Burger Meal	Gourmet Sub Meal	Kids Meal	Chinese Meal	Mongolian Meal	Italian Meal	Kottu Meal	Main Meal
Meal Base		Fries			Veg	Noodles	Rice	Spaghetti	Roti	Veg
<b>VEGETARIAN</b>										
7701 <b>A BRUISED MIXED-UP-LEE</b> Cottage cheese cubes <i>Approx. 75 gms</i>	295	745	745	845	845	845	845	895	895	1,095
7702 <b>JASON'S BUSTER</b> Cottage cheese cubes coated with Mixed Spices <i>Approx. 125 gms</i>	345	845	845	945	945	945	945	995	995	1,245
7703 <b>BRANDON RIO'S KNOCK</b> Cottage cheese vegetable cutlet <i>Approx. 170 gms</i>	295	745	745	795	795	795	795	895	895	1,145
7704 <b>A FIGHTER'S VENGEANCE</b> Mixed vegetable cutlet <i>Approx. 140 gms</i>	195	595	595	645	645	645	645	695	695	945

	Hybrid Add-On	Main Meal
<b>INDIAN BIRYANI</b>		
2022 <b>ALI'S FAVOURITE</b> Sizzling chicken biryani <i>Approx. 75 gms</i>	445	1,045
2023 <b>HOLYFIELD'S FAVOURITE</b> Sizzling vegetable biryani <i>Approx. 125 gms</i>	495	1,045
2025 <b>KELLY'S FAVOURITE</b> Sizzling beef biryani <i>Approx. 170 gms</i>	645	1,295
2026 <b>ARMSTRONG'S FAVOURITE</b> Sizzling prawn biryani <i>Approx. 140 gms</i>	1,045	1,845
2027 <b>IBRAHIM'S FAVOURITE</b> Sizzling soft mutton biryani <i>Approx. 125gms</i>	1,595	2,445

**Sizzling Indian Biryani  
cooked with aromatic  
basmati rice accompanied by  
special spiced Indian biryani  
gravy, mint green chutney  
and fresh raita**

Please allow a minimum of 30 minutes for preparation.

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# MAIN MEALS

Recommended Toppings : Cheese Slice 100 Grated Cheese 150 Pineapple 50 Fried Egg 50

	Hybrid Add-On	Starter	Gourmet Burger Meal	Gourmet Sub Meal	Kids Meal	Chinese Meal	Mongolian Meal	Italian Meal	Kottu Meal	Main Meal
Meal Base		Fries			Veg	Noodles	Rice	Spaghetti	Roti	Veg
<b>CHICKEN</b>										
7401 <b>NIGEL'S SHASHLIK</b> Grilled Chicken Cubes <b>Approx. 120 gms</b>	295	745	745	795	795	795	795	845	845	1,045
7402 <b>FAVOURITE OF CURTIS</b> Grilled chicken leg <b>Approx. 135 gms</b>	295	695	-	-	745	745	745	845	845	1,045
7403 <b>MOHAMED ALI'S CHOICE</b> Grilled boneless breast of chicken <b>Approx. 135 gms</b>	345	745	745	845	845	845	845	945	945	1,095
7404 <b>KEN SHAMROCK'S HOOK</b> Slim slice of chicken, marinated with garlic and prepared in steak style <b>Approx. 245 gms</b>	545	995	995	1,095	1,095	1,095	1,095	1,145	1,145	1,395
7407 <b>LEX LUGAN'S SPECIAL</b> Fried boneless breast of chicken coated with egg and Mixed Spices <b>Approx. 175 gms</b>	445	895	895	995	995	995	995	1,095	1,095	1,295
7408 <b>JERMAINS'S CHICKEN LICK IN</b> Grilled chicken sausages <b>5 Sausages</b>	145	495	495	545	545	545	545	595	595	745
7409 <b>FRANK'S FAVOURITE</b> Mixed spice battered chicken wing lollipops <b>Approx. 140 gms</b>	195	595	-	-	645	645	645	695	695	845
7412 <b>BRET HART'S UPPERCUT</b> Crumb fried chicken cubes <b>Approx. 135 gms</b>	345	795	795	845	845	845	845	945	945	1,145

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# MAIN MEALS

Recommended Toppings : Cheese Slice 100 Grated Cheese 150 Pineapple 50 Fried Egg 50

	Hybrid Add-On	Starter	Gourmet Burger Meal	Gourmet Sub Meal	Kids Meal	Chinese Meal	Mongolian Meal	Italian Meal	Kottu Meal	Main Meal
Meal Base		Fries			Veg	Noodles	Rice	Spaghetti	Roti	Veg
<b>BEEF</b>										
7101 <b>HOLYFIELD'S BUSTER</b> Grilled tenderloin steak <i>Approx. 150 gms</i>	645	1,145	1,145	1,295	1,295	1,295	1,295	1,345	1,345	1,595
7102 <b>RONALD'S PINFALL</b> Grilled beef cubes <i>Approx. 125 gms</i>	445	895	895	945	945	945	945	1,045	1,045	1,245
7108 <b>CARL'S TOUGH JAB</b> Grilled sirloin steak <i>Approx. 125 gms</i>	445	945	945	995	995	995	995	1,095	1,095	1,295
7109 <b>RICARDO'S PLATTER</b> Grilled tenderloin steak and boneless chicken with cheese <i>Approx. 250 gms</i>	995	1,645	1,645	1,845	1,845	1,845	1,845	1,895	1,895	2,195
<b>MUTTON</b>										
7202 <b>DANNY'S GIVE</b> Grilled mutton cubes <i>Approx. 125 gms</i>	1,045	1,695	1,695	1,845	1,845	1,845	1,845	1,995	1,995	2,245
<b>LAMB</b>										
7301 <b>BRUNO'S CHOP</b> Grilled Australian lamb chop <i>Approx. 200 gms</i>	1,395	2,145	-	-	2,345	2,345	2,345	2,545	2,545	2,895
7302 <b>PASCAL'S STRIKE</b> Grilled Australian lamb cubes <i>Approx. 125 gms</i>	1,245	1,945	1,945	2,195	2,195	2,195	2,195	2,295	2,295	2,595

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# MAIN MEALS

Recommended Toppings : Cheese Slice 100 Grated Cheese 150 Pineapple 50 Fried Egg 50

	Hybrid Add-On	Starter	Gourmet Burger Meal	Gourmet Sub Meal	Kids Meal	Chinese Meal	Mongolian Meal	Italian Meal	Kottu Meal	Main Meal
Meal Base		Fries			Veg	Noodles	Rice	Spaghetti	Roti	Veg
<b>FISH</b>										
7501 <b>THE KNOCKOUT SIZZLER</b> Grilled baramundi (modha) Approx. 125 gms	595 Fillet	1,095 Fillet	1,095 Cubes	1,195 Cubes	1,195 Fillet	1,195 Cubes	1,195 Cubes	1,295 Cubes	1,295 Cubes	1,495 Fillet
7502 <b>MOSLEY'S FIST OF FURY</b> Pan fried baramundi (modha) covered with herbs and spices Approx. 125 gms	545 Fillet	1,045 Fillet	1,045 Cubes	1,195 Cubes	1,195 Fillet	1,195 Cubes	1,195 Cubes	1,295 Cubes	1,295 Cubes	1,445 Fillet
7503 <b>LUCIAN'S SWINGING BLOW</b> Grilled seer fish Approx. 150 gms	695 Slice	1,245 Slice	1,245 Cubes	1,345 Cubes	1,345 Slice	1,345 Cubes	1,345 Cubes	1,395 Cubes	1,395 Cubes	1,695 Slice
7504 <b>ARTHUR'S KNUCKLE POWER</b> Fried seer fish covered with herbs and spices Approx. 150 gms	695 Slice	1,245 Slice	1,245 Cubes	1,395 Cubes	1,395 Slice	1,395 Cubes	1,395 Cubes	1,495 Cubes	1,495 Cubes	1,745 Slice
<b>PRAWNS</b>										
7601 <b>VALEZ TASTE OF THE SEA</b> Grilled deshelled prawns Approx. 130 gms	895 Large Prawns	1,495 Large Prawns	1,195 Small Prawns	1,195 Small Prawns	1,645 Large Prawns	1,195 Small Prawns	1,195 Small Prawns	1,245 Small Prawns	1,245 Small Prawns	2,045 Large Prawns
7602 <b>JIMMY'S CRUSHER</b> Crumb Fried deshelled prawns Approx. 155 gms	895	1,645	1,645	1,695	1,695	1,695	1,695	1,745	1,745	2,045
7603 <b>MARK'S SUPER KICK</b> Battered deshelled prawns fried with Mixed Spices Approx. 135 gms	895	1,495	1,495	1,645	1,645	1,645	1,645	1,745	1,745	2,045

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# MAIN MEALS

Recommended Toppings : Cheese Slice 100 Grated Cheese 150 Pineapple 50 Fried Egg 50

	Meal Base				
	Chinese Meal	Mongolian Meal	Italian Meal	Kottu Meal	Main Meal
	Noodles	Rice	Spaghetti	Roti	Veg
<b>MIX GRILL</b>					
7001 <b>BEEF</b> Grilled tenderloin steak, grilled beef cubes and grilled sirloin steak <b>Approx. 400 gms</b>	2,495	2,495	2,595	2,595	2,995
7002 <b>STEAK, CHICKEN &amp; LAMB</b> Grilled tenderloin steak, grilled boneless breast of chicken and grilled Australian lamb chop <b>Approx. 485 gms</b>	3,745	3,745	3,845	3,845	4,495
7003 <b>BEEF, CHICKEN &amp; PRAWN</b> Grilled beef cubes, grilled chicken leg and battered fried prawns with mixed spices <b>Approx. 395 gms</b>	2,645	2,645	2,795	2,795	3,195
7004 <b>CHICKEN</b> Slim slice of chicken, marinated with garlic and prepared in steak style, chicken sausages and crumb fried chicken cubes <b>Approx. 385 gms &amp; 5 Sausages</b>	1,795	1,795	1,845	1,845	2,195
7005 <b>SEAFOOD</b> Grilled modha(baramundi), fried seer fish and grilled prawns <b>Approx. 405 gms</b>	3,395	3,395	3,445	3,445	3,995
7006 <b>CHICKEN MONSTER SIZZLER</b> Grilled chicken leg, chicken cubes, chicken sausages, mixed spice battered chicken wing lollipops and fried boneless breast of chicken coated with egg and mixed spices <b>Approx. 570 gms &amp; 5 Sausages</b>	2,295	2,295	2,345	2,345	2,745

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# Desserts

<p><b>Sizzling Brownies</b> All chocolate brownies are served with vanilla ice cream dressed in chocolate sauce, almond sauce and nuts</p> <p>1702 <b>LAURA'S FAVOURITE SIZZLE</b> 545 Sizzling cashewnut chocolate brownie</p> <p>1703 <b>CARINA'S FAVOURITE SIZZLE</b> 595 Sizzling walnut chocolate brownie</p> <p>1704 <b>KATIE'S FAVOURITE SIZZLE</b> 545 Sizzling almond chocolate brownie</p>		<p><b>Sizzling Fresh Fruits</b> All fresh fruits are dressed in almond sauce and nuts</p> <p>1731 <b>MELISSA'S FAVOURITE SIZZLE</b> 695 Sizzling fresh fruits with vanilla ice cream</p> <p>1732 <b>NATALIE'S FAVOURITE SIZZLE</b> 695 Sizzling fresh fruits with chocolate ice cream</p> <p>1733 <b>SARAH'S FAVOURITE SIZZLE</b> 695 Sizzling fresh fruits with strawberry ice cream</p>	
<p><b>Sizzling Cheese Cakes</b> All cheese cakes are served with vanilla ice cream dressed in almond sauce and nuts</p> <p>1711 <b>TERESSA'S FAVOURITE SIZZLE</b> 745 Sizzling blueberry philadelphia cream cheese cake</p> <p>1712 <b>SHARON'S FAVOURITE SIZZLE</b> 545 Sizzling philadelphia cream cheese cake</p> <p>1713 <b>CHEVELLE'S FAVOURITE SIZZLE</b> 745 Sizzling caramel philadelphia cream cheese cake</p> <p>1714 <b>ALICIA'S FAVOURITE SIZZLE</b> 695 Sizzling strawberry philadelphia cream cheese cake</p> <p>1717 <b>JUDY'S FAVOURITE SIZZLE</b> 645 Sizzling chocolate brownie with philadelphia cream cheese cake</p>		<p><b>Boats</b> All boats are served with vanilla, chocolate and strawberry ice cream dressed in chocolate sauce, almond sauce and nuts</p> <p>1771 <b>ANNA'S FAVOURITE</b> 445 Diced banana</p> <p>1772 <b>KAREN'S FAVOURITE</b> 595 Diced apple</p> <p>1773 <b>TIFFANIE'S FAVOURITE</b> 545 Diced pineapple</p> <p>1774 <b>MARY'S FAVOURITE</b> 695 Diced mango</p>	
		<p><b>Sundaes</b> All sundaes are dressed in chocolate sauce, almond sauce and nuts</p> <p>1764 <b>LISA'S FAVOURITE</b> 445 Scoops of vanilla ice cream</p> <p>1765 <b>CAROL'S FAVOURITE</b> 445 Scoops of chocolate ice cream</p> <p>1766 <b>SHENAYA'S FAVOURITE</b> 445 Scoops of strawberry ice cream</p>	

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